

COMMUNICATION BOARD (BULGARIAN)

Боли ме pain	Уморен съм tired	Повръща ми се nauseous	Дистанционно tv control	Бутон за повикване call light	Осветлението lights
Топло ми е hot	Студено ми е cold	Уплашен съм scared	Крем lotion	Очила glasses	Лекарство medicine
Сърби ме itchy	Замаян съм dizzy	Неудобно ми е uncomfortable	Измий ми лицето wash face	Балсам за устни chapstick	Одеяло blanket
Смени ми положението reposition me	Дишането е по-трудно breathing is harder	Нуждая се от помощ need help	Устна хигиена oral care	Връзка с близките contact family	Искам да говоря с лекаря talk to doctor
Трябва да отида до тоалетната bathroom	Аспирирай слюнката suction mouth	Аспирирай при трахеоскопия suction trach	Имам въпрос have a question	Свиждане с близките? Family visit?	Какво става? What's happening?
Не реанимирай do not resuscitate	Провери ми катетъра check catheter	Религиозен служител religious person	Колко още? How much longer?	Как съм? How am I doing?	Какво следва? What's next?
Не интубирай do not intubate	Задавайте ми „Да/Не“ въпроси ask yes/no questions	Да yes	Не съм сигурен not sure	Не no	Благодаря! thank you

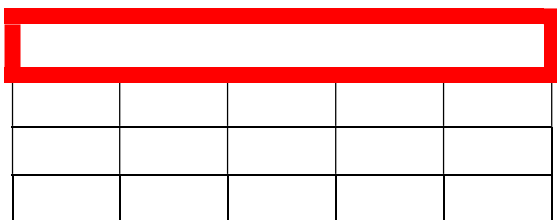
1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

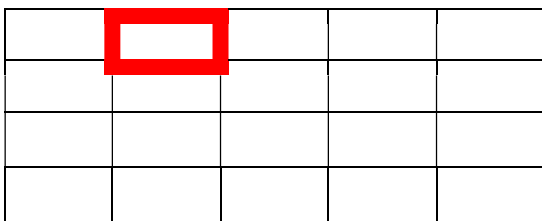
1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

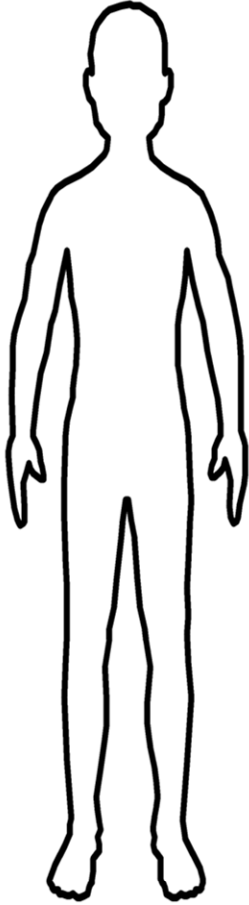


3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

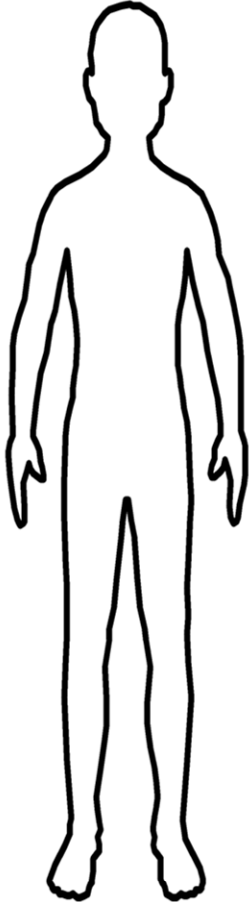


5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	New word	Start again				
E	F	G	H	YES	NO				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9

SPELLING BOARD (BULGARIAN)

Да yes	Не no	Нова дума new word	Започвам ОТНОВО start again						
А	Б	В	Г	Д	Е				
Ж	З	И	Й	К	Л				
М	Н	О	П	Р	С				
Т	У	Ф	Х	Ц	Ч				
Ш	Щ	Ъ	Ь	Ю	Я				
1	2	3	4	5	6				